

The ecological footprint of a product.

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How to reduce the ecological footprint of the products you buy?

- Shop at a local farmer
- Choose food with less packaging
- Grow your own food
- Eat less meat



How does watching your ecological footprint affect the prices of your products?

- Example: eat less meat
 - Meat is more expensive
 - Save up to 680 euro's a year
 - Bonus: you are healthier



Is it important to reduce your ecological footprint?

- Planet Earth -> extremely fragile ecosystem
- Very sensitive to rapid changes
 - Balance is lost -> potential extinction of numerous species
- Mentality needs to change
 - From “More is better” to “less is more”



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LESS IS MORE.

Links

- <https://reduceyourfootprint.com.au/questions/why-is-it-important-to-reduce-ecological-footpri/>
- <https://images.app.goo.gl/cun9BaathhdKPZvPA>
- <https://images.app.goo.gl/JrYynKb1YyczgP3Z9>
- <https://images.app.goo.gl/HNiiBoXFov8yosDq9>
- <https://images.app.goo.gl/U1DKFVpugQJ7CrZU9>
- <https://money.com/vegetarians-save-money/>
- <https://images.app.goo.gl/1eaoLF8bXMD3eDMf7>
- <https://images.app.goo.gl/aJbQgASV5ERcnyoU6>
- <https://images.app.goo.gl/CSQh4WCdkJakHNSA6>
- <http://www.greeneatz.com/foods-carbon-footprint.html>
- <https://images.app.goo.gl/Z28gPWmgFtGzvEyV7>
- <https://images.app.goo.gl/xvMQP1cDL92QkXHu9>
- <https://images.app.goo.gl/YVNcAQbsFRHXmWgm9>