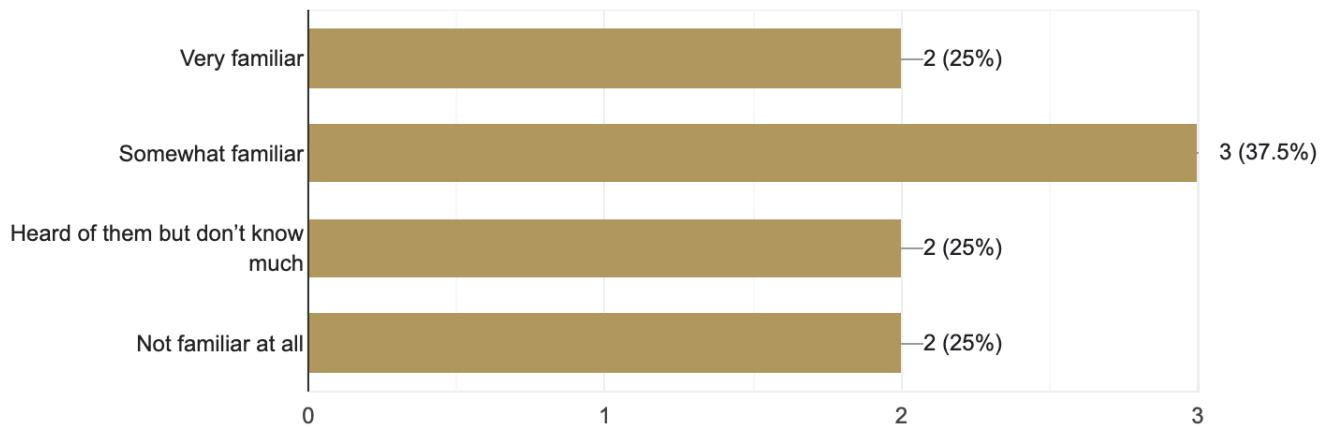


How familiar are you with natural approaches for menstrual health (herbs, nutrition, acupuncture, etc.)?

 [Copy chart](#)

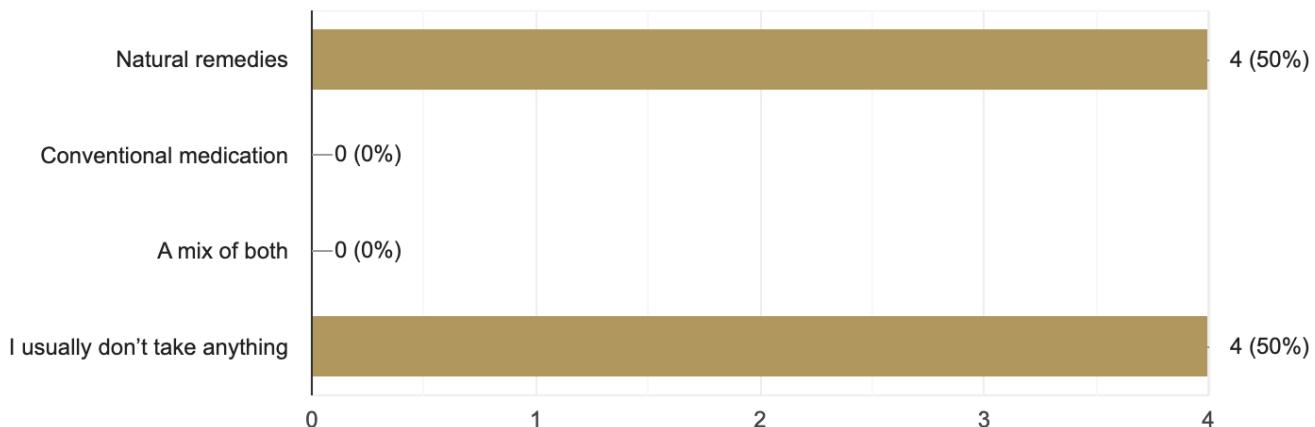
8 responses



When experiencing menstrual discomfort, what do you usually prefer?

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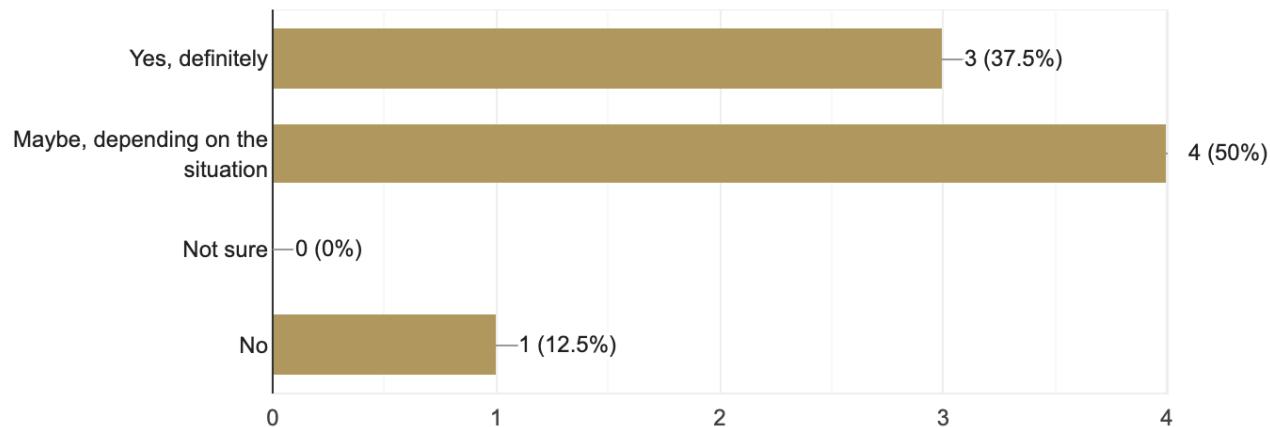
8 responses



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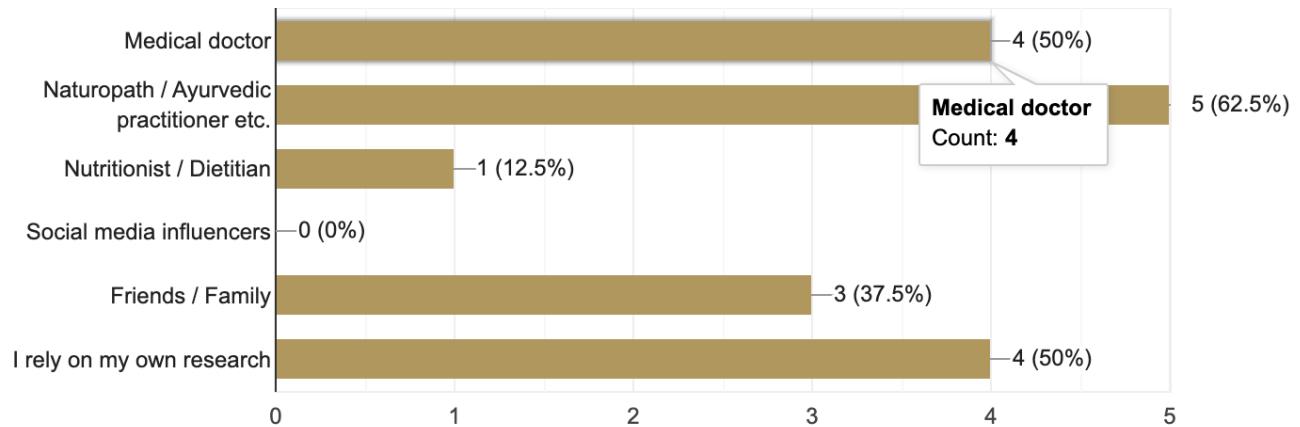
Would you be open to combining natural and conventional approaches for menstrual health?

8 responses

[Copy chart](#)

Whose recommendations do you trust most for menstrual health advice?

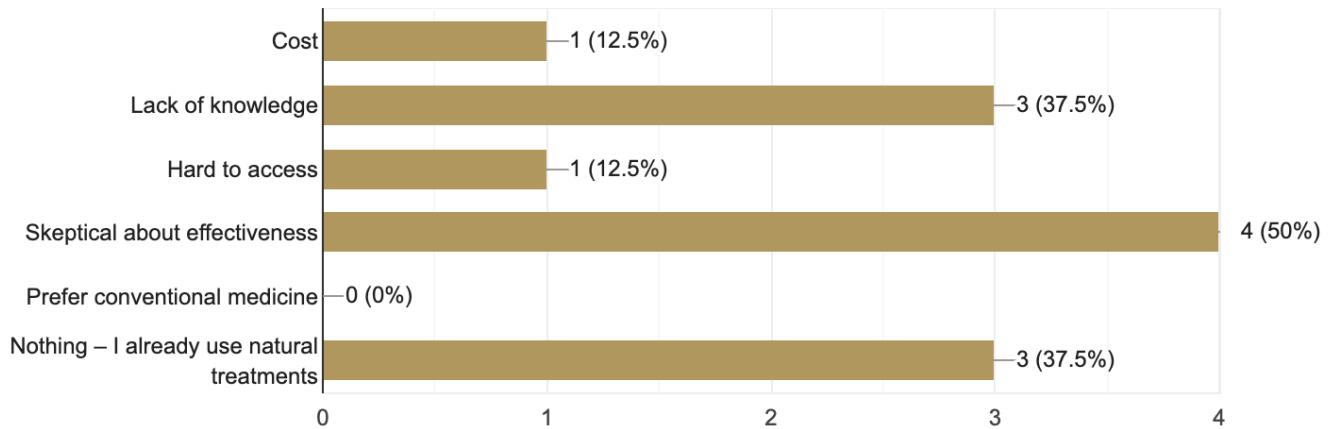
8 responses



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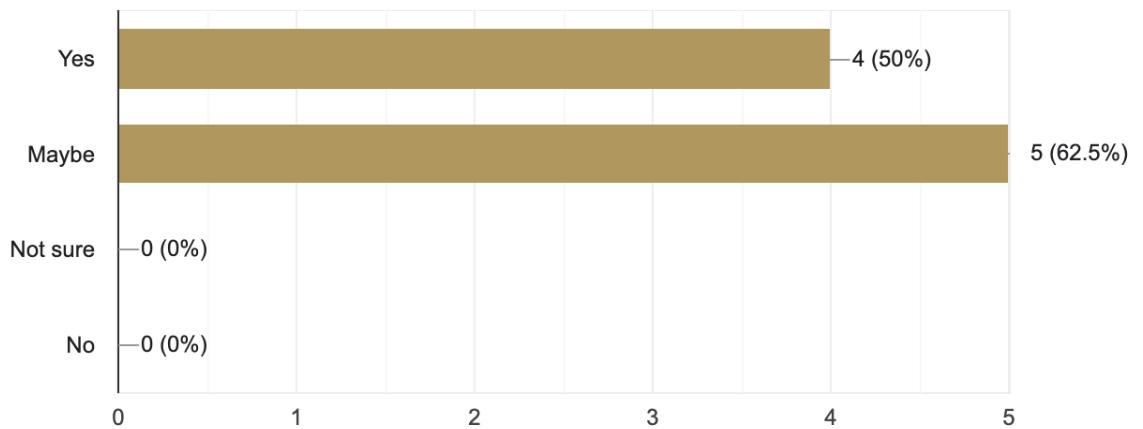
What stops you from using natural treatments?

8 responses

[!\[\]\(cbe80b694ebd74fcfe136a095b608235_img.jpg\) Copy chart](#)

Do you believe natural medicine can effectively support hormonal balance?

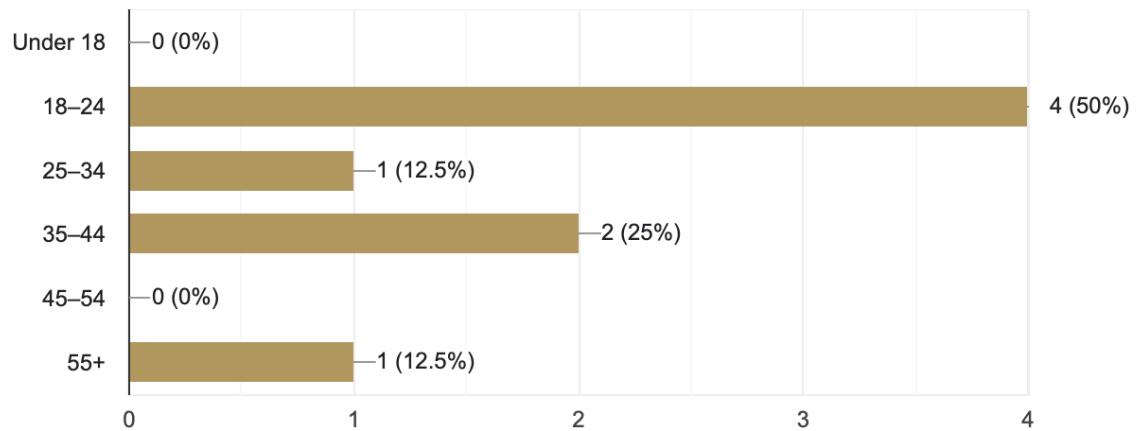
8 responses



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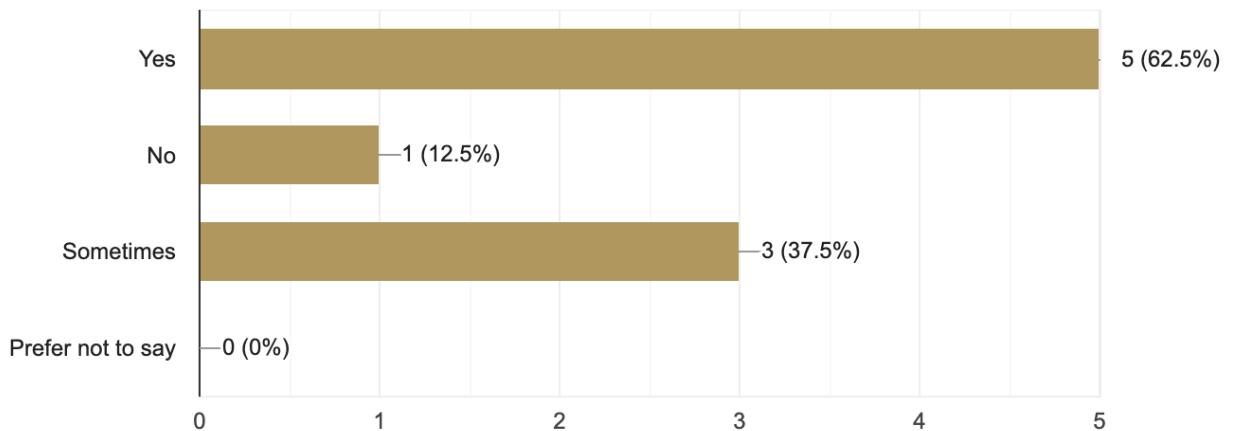
Which age group do you belong to?

8 responses

[Copy chart](#)

Do you experience regular menstrual cycles?

8 responses



Where in the world are you completing this survey from?

 [Copy chart](#)

8 responses

